



January 2024

COOL NEWS

Volume 17 | Issue 1

“ Cheers to a new year and another chance for us to get it right. ”
-Oprah Winfrey

HAPPY 20 24 NEW YEAR



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Discover This Month

Welcome to 2024! In this edition of COOL News, you'll find 6 AWESOME events and resources that our team discovered just for you! January is filled with exciting activities happening every week! And don't forget to check out page 3 to reminisce about the fun times we had in December and to look into the future with some New Year's resolutions! Let's wrap up the newsletter with a couple fun activities and birthday/anniversary celebrations! Cheers to a happy and healthy 2024!



Native Plant Fest
Saturday, January 13, 2024
See more on page 1



Natalie Takes on Disneyland
See more on page 3

**Our Interactive
Puzzles are NOW
ONLINE!**

**Activities page now
on our website**
See more on page 4



CLICK HERE

Click here or scan this QR code for the English Newsletter Audio

COMMUNITY RESOURCES



Native Plant Fest

Saturday, January 13, 2024 | 11:00am-4:00pm

Native Plant Fest brings together our community to celebrate and showcase local plant-inspired culture, food, traditions, and creativity! This festival is community-led by plant enthusiasts of diverse backgrounds who will share their plants, services, artwork, culinary creations, products, educational resources, and much more!

[CLICK HERE](#)

SCAN ME



New Eyes for the Needy

New Eyes transforms the lives of children and adults facing financial hardship across the United States through clear vision.

[CLICK HERE](#)

SCAN ME



Game On! Board Games for All Ages

Every Sunday | 11:00am-1:00pm

Drop by the Ventura County Library from 11:00am-1:00pm every Sunday and choose from over 35 games to play! Fun for all ages and a great way to meet with friends and spend quality time together.

[CLICK HERE](#)

SCAN ME



Santa Paula Art Museum Free Admission Day

The first Sunday of every month | Free from 12:00pm-4:00pm

Admission to the Santa Paula Art Museum is free for everyone on the first Sunday of every month. Enjoy the Museum's current exhibitions for free from 12:00 p.m. to 4:00 p.m.

[CLICK HERE](#)

SCAN ME



Hot Meal Programs

Everyone deserves a hot meal, especially during the winter months. When clicking the link or scanning the QR code, you will be led to a website that locates programs around your area that provide hot meals to individuals and families in need.

[CLICK HERE](#)

SCAN ME



Community Market

Thursdays | 9:00am - 12:30pm

Community Action of Ventura County hosts a weekly market on Thursdays from 9 a.m. to 12:30 p.m. at their Oxnard location where people can receive nutritious produce and canned goods. Visit ca-vc.org for more information or to obtain a box.

[CLICK HERE](#)

SCAN ME



UPCOMING EVENTS

Create my 1 page profile and coffee



Friday
January 5th

2024 Vision Board



Friday
January 12th

Beginner's photography class
bring your camera, tablet or cell phone



Saturday
January 13th

OUR ACTIVITIES

Scan or Click for
February Activity
Sign-Up



[CLICK HERE](#)

Tuesdays



Movie Nights
5:00pm-7:00pm

Wednesdays



Cooking Class
5:00pm-7:00pm

Wednesdays



Activity Night
Thousand Oaks
5:00pm-6:00pm

Thursdays



Peer Group
5:00pm-6:00pm
Social Hour
6:00pm-7:00pm

Fridays



Activity Night
5:00pm-7:00pm

Saturdays



Getting Outside
with Danny
11:00am-1:00pm

Natalie takes on Disneyland

Favorite Ride: Matterhorn

Favorite Food: Tiana's Kitchen (gumbo)

Favorite Land: New Orleans Square

Favorite Character: Mary Poppins

MONTHLY HIGHLIGHTS



IN 2024 MY GOAL IS TO...

Do more art crafts

-Victoria

Learn new skills and further my education to better assist.

-Stephanie

Work on myself in hopes to meet a nice guy eventually

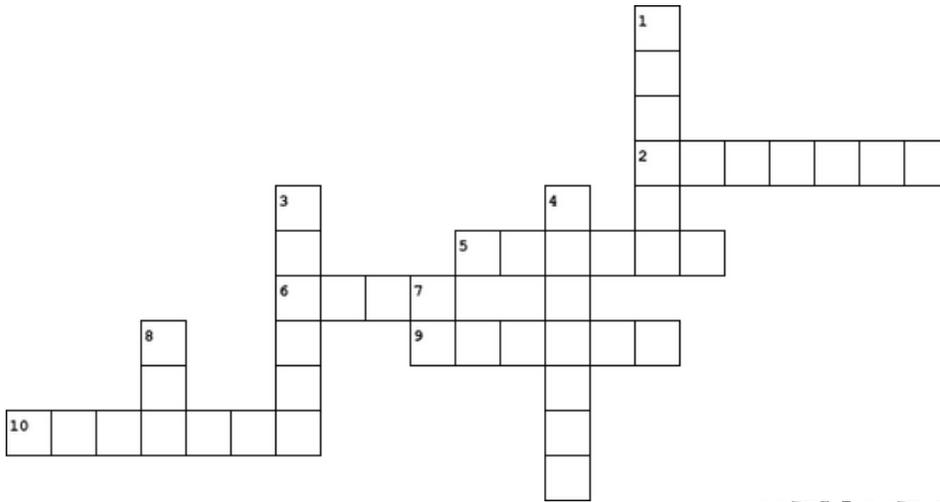
-Mona

Eat more Chik'n

-Danny

NEW YEAR NEW PUZZLES

JANUARY JUMBLE CROSSWORD



**Our Puzzles are
NOW ONLINE!**

Ring in the New Year with Puzzle Fun! Click or Scan for Instant Access to Our Online Puzzle Celebration!



**CLICK
HERE**

Across

- 2. Celebrated on January 1st
- 5. Birthstone for January
- 6. Type of weather often seen in January
- 9. January birth flower
- 10. First month of the year

Down

- 1. Cold-weather headgear
- 3. Winter sport with a puck
- 4. Popular citrus fruit in winter
- 7. Martin Luther King Jr.'s famous speech location
- 8. Winter illness

A JANUARY TWIST

Unscramble these words

YFRSOT

Clue: chilled, wintry adjective _____

WETNRI

Clue: seasons in January _____

REVEYLR

Clue: festive celebration _____

WOTUNOCND

Clue: final seconds before midnight _____

DHFERESRE

Clue: new and revitalized _____

NBNIGINSEG

Clue: fresh starts _____

OUTSINEOLR

Clue: promises made at the start of the year _____

NEW YEAR, NEW WORD-ERFUL ADVENTURES SEARCH!

E O D J J F R O S T Y K Z R E S O L V E
 F N W S N O W F L A K E M I D N I G H T
 R D R A Z Z I L B N O I T A V I T O M C
 O G R E T T I L G V T S S E N L L E W O
 S A R E G L K S O K Z P G M D J L V H M
 T J E E J A N U A R Y C S S B C L J F M
 B N S R B W V J I A N O K I K H A R R I
 I E O W F E P P F E O N R M M E F E O T
 T L L C I C C S R S I F O I D E W F S M
 E C U E O N L I O I T E W T S R O R T E
 A I T J X U T O S M I T E P P S N E I N
 H C I B U E N E T O D T R O A X S S N T
 C I O C U B R T R R A I I Z R B U H G S
 P E N C R R I C D P R O F S K X M T L N
 B G S I G K N L I O T V L A L K V A P O
 F R E E Z I N G E S W Y C I E P O G B W
 D Q Q P A R T Y Z E E N B H Z G C R C B
 B L I Z Z A R D Y D U N C V I W A R V A
 F B J R C E L E B R A T I O N L D R V L
 S N O W M A N J U L A W E N E R L B W L

Word Bank

- | | | | |
|----------|-------------|-----------|-----------|
| RENEWAL | CHEERS | SNOWFLAKE | OPTIMISM |
| FREEZING | CHILL | FIREWORKS | SNOWBALL |
| MIDNIGHT | MOTIVATION | GOALS | TRADITION |
| EXERCISE | CELEBRATION | RESOLVE | ICEBERG |
| FROSTY | RESOLUTIONS | SNOWFALL | COUNTDOWN |
| BLIZZARD | REFRESH | CONFETTI | GLITTER |
| | | BRRR | PARTY |

JANUARY 2024

Happy Birthdays and Anniversaries

1	HAPPY NEW YEAR!	9	Seth 11 yrs Ricardo	18	Corey	26	Ramone 2 yrs JoDee Gustavo
2	Shawna 1 Yr Amanda 4 yrs	10	Victor	19	Quin	27	Jessica Viridiana 2 yrs
3	Gonzalo Jenny 4 yrs Sandra 4 yrs Sonya Nathan	12	Lisa	20	Adrian Erik 15 yrs Melissa 2 yrs	28	Yesenia 2 yrs
4	Autumn	13	Miguel 2 yrs Manuel Anita	21	Jason	29	Mary 8 yrs
6	Natalie	15	MLK DAY	22	Maria Shay	30	Brett
8	Angela	16	MaryAnne	24	Maria 2 yrs MaryAnne 2 yrs	31	Taylor

MONTHLY JOKES

Q: Why is partying in Times Square overrated?

A: Because they drop the ball every year.

Q: Why should you stand on just your left foot during the New Year's Eve countdown?

A: So you start the New Year on the right foot.

Q: What happened to the man who stole a calendar?

A: He got 12 months!

MESSAGE FROM OUR NEWSLETTER EDITORIAL STAFF

We thank you for taking the time to read or listen to the January 2024 Cool Newsletter.

We appreciate any ideas or feedback you have. Please email newsletter@sageservices.org if you have any awesome newsletter ideas or photos to share.