



COOL News

"Experience is simply the name we give our mistakes."
– Oscar Wilde



Discover This Month

April is here, bringing opportunities for growth and new beginnings! In this edition of COOL News from SAGE Services, explore activities, March memories, and resources to help you flourish this spring. Whether you're seeking community updates or new ways to connect, there's something to help you grow this month!

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English Newsletter Audio:
Click the button or scan the
QR code.



Eating Healthy on a Budget
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Community Resources

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



Wednesday Swap Meet

Wednesday, April 2, 2025 | 7:00 AM - 4:00 PM

Location: Ventura County Fairgrounds

Shop for unique items, antiques, collectibles, and more at this weekly outdoor market.



[Click Here](#)



Eating Healthy on a Budget

Saturday, April 5, 2025 | 10:00 AM - 11:30 AM

Location: Camarillo Public Library, Community Room B

Learn budget-friendly meal planning, grocery tips, and healthy eating strategies in an interactive class with a registered dietitian.



[Click Here](#)



Cinema Saturdays: Wicked

Saturday, April 26, 2025 | 10:00 AM - 1:00 PM

Location: Camarillo Public Library, Community Room B

Watch Wicked, the untold story of the Wicked Witch of the West and Glinda the Good Witch, with captivating music and characters.



[Click Here](#)



Aut2Run 2025

Sunday, April 27, 2025 | Starting at 7:00 AM

Location: California State University Channel Islands, Camarillo

Participate in various races (15K, 10K, 5K, 1 Mile, Fun-K, Virtual) to support the Autism Society Ventura County.



[Click Here](#)



Financial Planning for People with Disabilities

Ongoing

Location: Various Locations in Ventura County

Learn financial strategies for individuals with disabilities, including saving and money management.



[Click Here](#)



April 2025 Activities

Location:

Cooking Classes will take place in the upstairs kitchen.

Peer Groups will take place in Temple Grandin Conference Room.

- Sign up for
- **May 2025**
- SAGE
- Activities: Scan the QR code or click the button.



[Click Here](#)

Mondays



Cooking Class
5:00 PM - 7:00 PM

Thursdays



Peer Group
5:00 PM - 6:00 PM



Are you interested in more activities and social recreation opportunities? Check out what **805 Connects** has to offer!



[Click Here](#)

Welcome to the Team!

Meet Dante,
our new SLS Supervisor!



We're excited to have him on board as we continue to serve, achieve, grow, and empower together. Be sure to say hello and give him a warm SAGE welcome!



Employee Appreciation Day March 20, 2025

On March 20, we celebrated the amazing team behind SAGE. With food, games, music, raffle prizes every 15–30 minutes, and employee recognition gifts, it was a meaningful day for everyone to enjoy. Thank you to our staff for everything you do, and to everyone who joined in and made the day so special!





Check Your Answers Here!



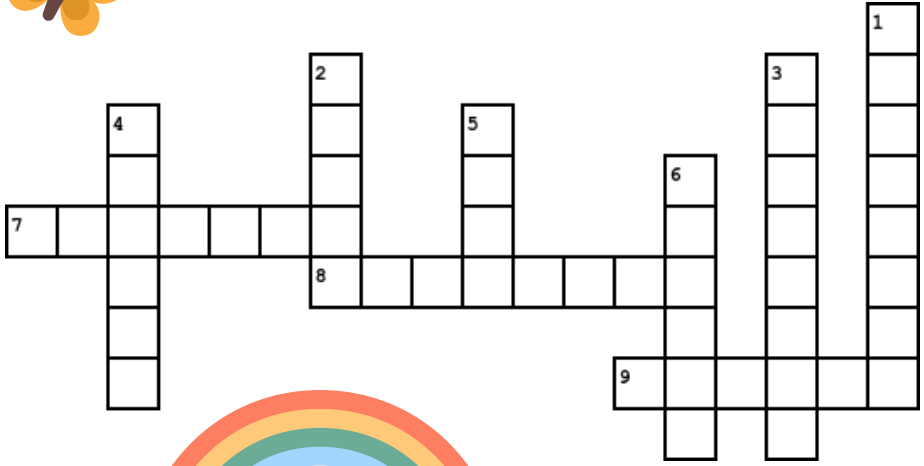
[Click Here](#)

Access puzzles online:
Click the button or scan the QR code.

Mind Benders



Rooting for You!



- Across**
- Gathering crops from the field
 - What plants soak up to grow
 - Part of a tree that reaches out
- Down**
- To grow well and happily
 - Where plants start strong
 - A baby plant in its first stage
 - A young plant just getting started
 - What plants need to stand tall
 - Fully grown and developed



Grow for it!



E U C H Q L J P X Y C L W I I P K K B S
 E O Z Q U T Q Q E Q Q J N X N K Y N Y H
 S S P R O U T X L A T A G N I L D E E S
 O S O M W G X L X Q Q A E V M V V E G E
 I F L O U R I S H G S E V A E L F R F O
 L Y F V B Q M J N O S A E S M B O U U K
 L C N K Y J U B E M J H W V I Z R T G N
 S E A Z N Z N A S U N L I G H T E A H I
 L X X S E N I V I D C S R J V K S M M T
 G E D Y D S Z H U B C T N I B T T M S A
 Q R L C R A D B J S S O Z I L H R V X G
 C X J F A Q U I F L H O M P O R H W H K
 R M E H G A U M V X Y R T G O I E Y J B
 P H O T O S Y N T H E S I S M V B N G W
 Y M B S L B H G L B E D B K A E F G V X
 I B H A S E L G L V W R V T Z F Q Q D B
 X O T Z J O F R R R A E R U T R U N X R
 M S S Z X T L A B N J V Q Y P V I W M S
 R F B O A J H B C B J G O B N C W X J S
 W S X E W P N H G Z T A P Q S G V S U B

- Word Bank**
- | | |
|----------|----------------|
| ROOTS | BLOOM |
| SUNLIGHT | GARDEN |
| SEEDLING | PHOTOSYNTHESIS |
| FLOURISH | VINE |
| BRANCH | BUD |
| NURTURE | FOREST |
| SPROUT | SEASON |
| LEAVES | THRIVE |
| HARVEST | MATURE |
| SOIL | BLOSSOM |



April 2025

Happy Birthdays and Anniversaries



1 Jeremy Sahjid 1 year	8 Jeanne	17 Julio Nathan	24 Marisa
2 Giselle 1 year	10 Larry	18 Laura 13 years Michael 1 year	25 Kendra Agustin 3 years Chanel 1 year
3 Sabina	11 Jennifer Paul	19 Maria	26 Craig 15 years Renee 15 years
4 Steven James Thomas	13 Nicholas Wagner 9 years	20 Tammy	27 Kaylyn Karen
5 Jason Cindy	14 Coralene	22 Maria 6 years Veronica 6 years Susan 6 years	28 Drew Caroline
7 Joseph Jannine Maximiliano 10 years	15 Juan 15 years Irene 12 years	23 Joshua	30 Lucynn Gladys



Monthly Jokes

Q: How do you know flowers are friendly?

A: They always have new buds!

Q: What kind of tree fits in your hand?

A: A palm tree!

Q: Why did the barber win the race?

A: Because he took a short cut!

Got a story, photo, or event?
Share it with us!

Email us at:

Sage@NewslettersOnline.org

Together, we make this
newsletter awesome!