



September 2025 | Volume 18 | Issue 9

COOL News

"The creation of a thousand forests is in one acorn."

— Ralph Waldo Emerson



Discover This Month

The SAGE community is embracing a season of growth and progress. This edition of COOL

News highlights Harvesting Growth, celebrating small and big achievements that help us grow together. Inside you'll find updates from our Supported Living Services, helpful resources and inspiring stories. Let's look forward to all the possibilities ahead.

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English Newsletter Audio:
Click the button or scan the QR
code.

Highlights...



Labor Day Tractor Fair
See page 1.



**Upcoming Halloween
Dance**
See page 3.



The Fair Highlights
See page 3.

Community Resources

All
Resources
are FREE!

Explore Ventura County events and resources to stay connected and supported.
Click a button or scan a QR code to learn more.



Labor Day Tractor Fair

Monday, September 1, 2025 | 11:00 AM – 2:00 PM

Location: Ventura Harbor Village

① Free admission to this annual event where there will be art exhibitions, live craftsmanship, chalk art, and interactive creative sessions.



[Click Here](#)



State Parks Pass

① Check out a State Parks Pass at your local library, available to help Californian's access our parks, lakes, beaches, and monuments in the State Park system for free. There are four state parks here in Ventura County: Emma Wood State Beach, San Buenaventura State Beach, McGrath State Beach, and Mandalay State Beach. There are over 200 more in the state.



[Click Here](#)



Wellness & Creativity for Everyone

Thursdays | Various Class Dates and Times are Available

Location: Oxnard Performing Arts Center

① Join this free year-long series to explore your creative side. Enjoy a range of activities such as dance, yoga, sound baths, drum circles, arts & crafts, music and more!



[Click Here](#)



Free Used Medical Equipment

Monday – Thursday, 9:00 AM – 3:00 PM | Sunday, 9:00 AM – 10:30 AM

Location: United Methodist Church, Camarillo

① Free used medical equipment such as wheelchairs, walkers, commode risers, and more are available to individuals in need. They are also accepting equipment donations.



[Click Here](#)



Westminster Free Clinic

Tuesdays, Wednesdays and Thursdays | Times vary by location

Location: St. Paul's United Methodist Church in Oxnard, United Methodist Church in Thousand Oaks, El Buen Pastor United Methodist Church in Santa Paula

① Free medical services for people who are uninsured and cannot afford their medical bills. Appointments are by first come, first serve.



[Click Here](#)



Classes & Activities

September 2025

Location:

Peer Groups will take place in the Temple Grandin Conference Room.

Get Prepared for NEXT Month!

Click the Button or Scan the QR Code to sign up for OCTOBER's Activities!



[Click Here](#)

Thursdays



Peer Group
5:00 PM - 6:00 PM

Tuesday, October 28



BE THERE OR BEWARE!

SAGE Halloween Dance
4:30 PM - 7:30 PM



Interested in MORE Activities?

Check out what **805 Connects** has to offer!

Scan the QR code with your phone, or click the button to access the online calendar.



[Click Here](#)

'The Santa Effect' Presents

Wellness Week Memories, July 28-31, 2025



Day 1: We kicked off the week with a refreshing nature hike.



Day 2: We found our balance and practiced yoga together.



Day 3: We gave back to the planet with a beach cleanup.



Day 4: We wrapped up the fun with a scavenger hunt!



The Santa Effect is a nonprofit organization based in Ventura County that provides essential resources, support, and life-enriching opportunities to individuals with intellectual and developmental disabilities.

The Ventura County Fair

On August 5, 2025, the Ventura County Fair offered free admission to seniors 65+ and individuals with disabilities. Some of our SAGE members attended and enjoyed a wonderful day at the fair!





Check Your Answers Here!

Mind Benders



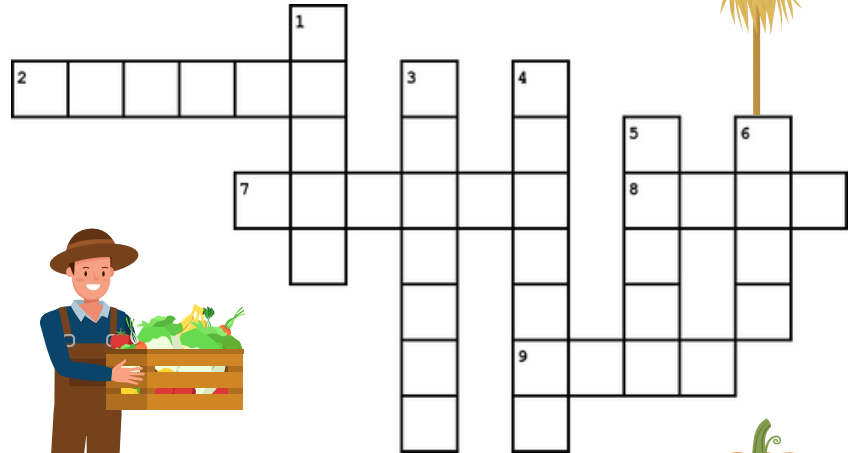
Gather & Grow

Across

- The process of becoming bigger or stronger
- A person who works growing plants or raising animals
- A tool used to turn over the soil for planting
- A small object from which a plant can grow

Down

- A grain used to make bread and pasta
- A large round orange vegetable often carved in fall
- The act of gathering crops from the field
- A round fruit that can be red, green, or yellow
- A tall plant with yellow kernels eaten as food



Seeds of Success

G L E E W K P W D W A T E R G E K I U T
I I T S H C L E M H C Q H E F T H R I O
P E M E K I W E V H F L R V U J J U K O
N L R Z O A G E K F R D D O V D J Q H R
Z Z O S R R F R A D A F R J R S F U V P
Z V B W J T V R A K H P M C M W F Z L C
K M I F B Y M J K I S S H E E N H A T P
H B G S I E R M V D N G Y O E T N E U K
L B G L R E T S E V R A H A S T K M A R
X W N I R K L E A S P C A Q U D P O G T
X F C R Y S P D V V C S G Z J K U P K H
Z L J V O G B G S X X F U G I A L I K B
W Y Z F Q C B C W X D M N N C L V G A N
H Q H E T P C A R Y P Z Y L L R E F O C
W P C R O P O G R O W T H Z Z I F Y T X
X F N V F C D E C Q T H Y G V K G Z M R
Z H R V R V L L D B A X U U O K I H P Z
J I A M I I E P J N Z U E L P P A B T C
I R B V Q A R O W U L C O T H N B L I U
A F C A F W H D E E S V M K M R U G N R

Word Bank

HARVEST	BARN
PLOW	GROWTH
SOIL	PLANT
CORN	SPROUT
APPLE	SUNLIGHT
WHEAT	WATER
PUMPKIN	SEED
FARMER	LEAF
FIELD	ROW
GRAIN	CROP



September 2025

Happy Birthdays and Anniversaries



1 Patty Jenny Joyce 19 years	8 Susan Ramone Alejandra 2 years	17 Brandee John Hyrum Aaron 1 year	21 Michelle 16 years Kristi 16 years Irene 16 years Cindy 16 years Sundae 16 years Tracy 16 years Karen 16 years Alison 16 years Victoria 16 years
2 Lisa 16 years	9 Timothy Alejandra	18 Keith Frank Mario 18 years Regina 12 years	
3 Regina	10 Natasha	19 Noemi	22 Brian 8 years JoDee 5 years Greg 16 years
4 Erika	11 Norman Julio 8 years Drew 1 year	20 Matthew Margaret 3 years	24 Sabina 16 years
5 Kyle Andrea 6 years	14 Tad Kristi Danny 4 years Mark 4 years	21 Samantha Juan Pam 16 years Ben 16 years Jeri 16 years Brandon 16 years Karen 16 years Jim 16 years Matthew 16 years Scott 16 years Jon 16 years Chris 16 years Jennifer 16 years Marc 16 years	25 Timothy 2 years Rosa 5 years Shay 16 years
6 Walker Andrea Kristine	15 Michelle		28 Alejandro Samantha 18 years Jannine 4 years Coralene 10 years
7 Ricardo 3 years	16 Brian Rosita 17 years		29 Jennifer Monica 5 years

Monthly Jokes

Q: Why did the stadium get so hot?

A: All the fans left

Q: Why did the cat sit on the computer?

A: It wanted to keep an eye on the mouse.

Q: Why did the couple leave the space restaurant?

A: The food was decent... but it totally lacked atmosphere.

Got a story, photo, or event? Share it with us!

Email us at:

Sage@NewslettersOnline.org

Together, we make this newsletter awesome!