



May 2025 | Volume 18 | Issue 5

COOL News

"Nature does not hurry, yet everything is accomplished."

— Lao Tzu



Discover This Month

Spring is in full swing, and we're celebrating all that's blooming: flowers, friendships, and fresh possibilities! In this edition of COOL News, you'll discover helpful community resources, exciting SAGE events, and updates about our Supported Living Services. Whether you're exploring something new or soaking up the sunshine, May is the perfect month to achieve growth.

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[Click Here](#)

English Newsletter Audio:
Click the button or scan the
QR code.



Free Food Assistance
Learn more on page 1.



Welcome to the team
Learn more on page 2.



Deaf Culture, Part One
Learn more on page 3.

Community Resources

Explore resources and events to stay connected and supported in our Ventura County community! Interested in any of these resources? Click the buttons or scan the QR codes to learn more.



\$4 On-Demand Rides in South Oxnard

Ongoing | Daily service hours vary

Location: South Oxnard service zone

Shared rides cost \$4 in South Oxnard. Book by app or phone. Scan QR code or click the button to learn more.



[Click Here](#)



California State Parks Free Pass Program

Ongoing

Location: Borrow from Ventura County Library branches

Borrow a free pass from the library for free entry to 200+ California state parks. Beaches included.



[Click Here](#)



Free Food Assistance

Ongoing

Location: Multiple locations throughout Ventura County

Find free food at local pantries. Scan the QR code or click the button to find the nearest free food near you.



[Click Here](#)



Spring Music Festival

Saturday, May 3, 2025 | 12:00 PM – 9:00 PM

Location: Mission Park, Downtown Ventura

Free music festival with live performances, food, art, and family-friendly activities.



[Click Here](#)



Game On!

Sunday, May 4, 2025 | 11:00 AM – 1:00 PM

Location: Hill Road Library, Ventura

Free board game event with over 35 games to choose from. Bring friends or play solo.



[Click Here](#)



Classes & Activities

May 2025

Location:

Cooking Classes will take place in the upstairs kitchen.

Peer Groups will take place in Temple Grandin Conference Room.

Sign up for June 2025

SAGE Activities: Scan the QR code or click the button.



[Click Here](#)

Mondays



Cooking Class
5:00 PM - 7:00 PM

Thursdays



Peer Group
5:00 PM - 6:00 PM



Are you interested in more activities and social recreation opportunities? Check out what **805 Connects** has to offer!



[Click Here](#)

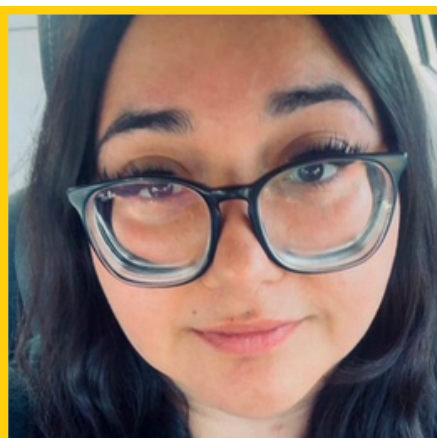


Welcome to the Team!

We're excited to have them on board as we continue to serve, achieve, grow, and empower together. Be sure to say hello and give them a warm SAGE welcome!



Ritamarie, SLS Supervisor

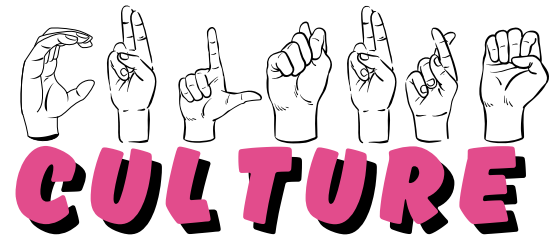


Maria, SLS Supervisor



Learning About...

Created By:
Victoria W. &
Samantha L.



Part One

Language and Communication: The Heart of Deaf Culture

ASL is a complete, **visual language** with its own **grammar**, distinct from English.

Name signs are personal identifiers given within the Deaf community; hearing people should NOT create them.

Communication is **direct** and **honest**, seen as a norm rather than rudeness.

Visual engagement is crucial, including **eye contact** and **clear visual cues** to get attention.



Identity and Community: Embracing Deaf Culture

Deafness is an **identity**, NOT a disability. Many Deaf individuals see themselves as part of a **vibrant cultural group**.

Deaf pride means **embracing** identity rather than seeking a "cure" like cochlear implants.

The community is **close-knit**, with shared **experiences** and **traditions**, often centered around Deaf schools.

"**Deaf Gain**" highlights the **positive** contributions and **unique** perspectives of the Deaf community.

Marlee Matlin (b. 1965): An Academy Award-winning actress and advocate for Deaf rights, known for using her platform to promote ASL and Deaf culture.



Check Your Answers Here!

Mind Benders



4

Click Here

Access puzzles online:
Click the button or scan the
QR code.

Across

2. A spring flower that comes in many colors
5. What flowers do over time
6. How blooming things can make you feel
7. Bright and warm, it helps plants grow
8. This insect helps flowers grow

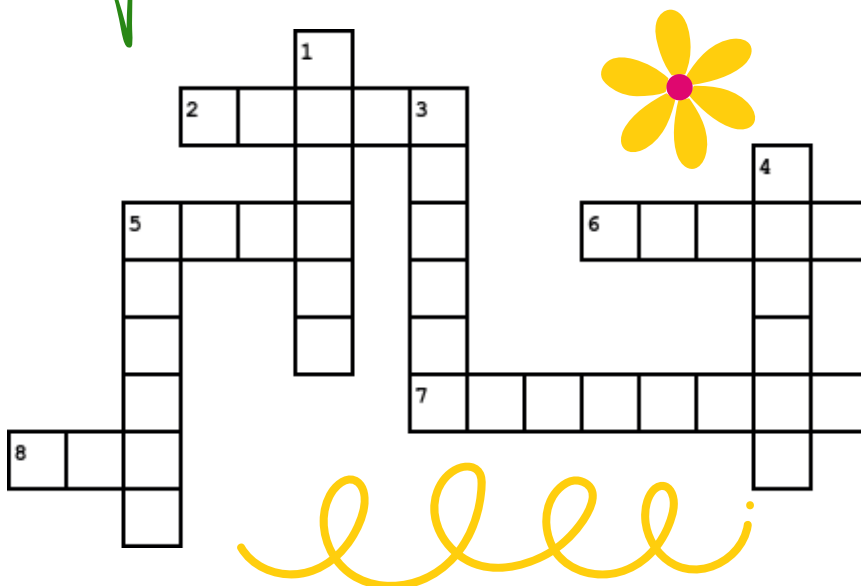
Down

1. This grows and comes in many colors
3. The soft parts of a flower that you can see
4. The season when flowers start blooming
5. A place where flowers and veggies grow



Petal Power

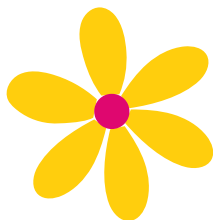
May We Bloom



D R Z E N I F G R O W B K N E N E M A B
 R V M M A F R D S D Y Z N L D I P J I J
 A E A Z T B E T U U L L Y L U B D L G E
 X P C P U S S Q E P N L T E B F N M L R
 V B L G R U H I E X F S T M E Z N F Z W
 E F L Q E W A N B R W R H S G P Q F N G
 F D B O Q G V F E L E V Q I M N M O V Y
 E J O W S U F T C E K D Q E N L R S R H
 P S Y T Q S T Q F O A O D L W E E B L W
 E O U O F U O V H R H N T D Q S A N J W
 Y X I Z B T R M B I E C I Y S I A D R Q
 I S J Z R Q C U C X D J O J N H A P P Y
 V P P N W C Y V D M Z Q J R A N V E Z V
 N R G D X M V S L A T E P E H E O C K A
 M I P Y D K Z E X X G Y P W V E D I W P
 X N A U K L T U L I P A D O F R M G W R
 N G A R D E N Q B V L M H L B G E Q P I
 Q H C U P C D H F O N R C F F C X L G L
 Z Y X J C F J P R O F R S H A A V Q Q U
 O L U F R O L O C P T G O E N W Y N F U

Word Bank

FLOWER	GREEN
BLOSSOM	APRIL
SUNSHINE	FRESH
PETALS	BUTTERFLY
SPRING	GROW
GARDEN	NATURE
COLORFUL	HAPPY
DAISY	SMELL
TULIP	BUD
BEE	TREE



May 2025

Happy Birthdays and Anniversaries



1 Marcus	8 Cassie 1 year Cynthia 1 year	13 Michelle Victoria	18 Patti 4 years	23 Gordon
2 Barbara John Maria 1 year	9 Larry Mary 8 years	14 Esthela 6 years Gordon 6 years	19 Craig	26 Miguel Maria 3 years
4 Scott	10 Anthony 13 years	15 Ernesto 1 year	20 Deborah 15 years Mona 10 years	27 Arturo Rosa
5 Damian	11 Karina Norman 10 years	16 Sharon	21 Joseph Roberto Zemia 1 year	29 Monica
7 Evan Timothy Andrea 1 year Victor 13 years	12 Jason Esequiel 3 years	17 Alma 3 years	22 Hector David 8 years	31 Teresa 6 years

Monthly Jokes

Q: Why did the sun go to school?

A: To get a little brighter!

Q: Why don't robots ever get scared?

A: Because they have nerves of steel!

Q: Why did the frog return his library book?

A: Because he already "read-it".

**Got a story, photo, or event?
Share it with us!**

Email us at:

Sage@NewslettersOnline.org

**Together, we make this
newsletter awesome!**